

Beth Lynn Greene Hollander

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Licensed Psychologist, New York State
License # 019842
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Education

Hofstra University, Hempstead, New York
Doctor of Philosophy, Clinical and School Psychology
September 2007 - December 2011

Hofstra University, Hempstead, New York
Master of Arts with Distinction, Clinical and School Psychology
September 2006 - August 2007

Brown University, Providence, Rhode Island
Bachelor of Arts, Psychology
September 2000 - May 2004

Clinical Experience

Student Counseling Center, Adelphi University, Garden City, NY
October 2013 – present
Psychologist

- Conduct individual therapy with students
 - Students are either self-referred or referred by professors

Behavioral Health College Partnership, Zucker Hillside Hospital, Glen Oaks, NY
November 2011 – September 2012
Post-Doctoral Fellow

- Conduct individual therapy with patients diagnosed with depression and anxiety using a version of Dialectical Behavior Therapy (DBT)
 - Most patients had been hospitalized for suicidality
- Conduct group therapy
 - Emotion Regulation Skills group using Dialectical Behavior Therapy
- Attend Life Skills group for training purposes
- Track college patients throughout the hospital
- Visit college students who are hospitalized on inpatient units
- Act as liaison between hospitalized college students and their schools to help coordinate post-hospitalization treatment
- Prepare for research regarding hospitalized college students

Centers of Specialization, Zucker Hillside Hospital, Glen Oaks, NY
November 2010 – November 2011

Center for Treatment and Research of Bipolar Disorder

Full-Time Extern

- Conduct individual therapy with patients diagnosed with bipolar disorder using Interpersonal and Social Rhythm Therapy (IPSRT)

- Patients range from newly diagnosed to chronically ill
- Conduct intake appointments to enter patients into the clinic for the first time
 - Intakes include interviewing patients (and their families, if appropriate), collaborating with the attending psychiatrist, and writing patients' history of present illness
- Conduct group therapy
 - Intensive Outpatient Program for patients who need more intensive treatment for bipolar disorder

OCD Center

Full-Time Extern

- Conduct individual therapy with patients diagnosed with obsessive-compulsive disorder using Exposure and Response Prevention (EX/RP) therapy
 - Patients' obsessions range from concrete (hand washing and checking) to abstract and mental (not being able to lie)
- Conduct group therapy
 - OCD treatment group

Behavioral Health College Partnership

Full-Time Extern

- Conduct evidence-based therapies with college-aged patients
 - Therapies include anger management, exposure for social phobia, behavioral activation for depression, and Acceptance and Commitment Therapy
- Conduct group therapy
 - Skills group using Dialectical Behavior Therapy

Andrus Children's Center, Yonkers, NY

August – October 2010

Psychology Intern

- Provide cognitive-behavioral therapy for children on the autism spectrum
- Create behavior plans for classroom and residential treatment environments

Department of Trauma Psychiatry, North Shore – Long Island Jewish Medical Center, Glen Oaks, NY

September 2009 – June 2010

Rosen Family Wellness Center

Therapist

- Provide cognitive-behavioral therapy, including Parent-Child Interaction Therapy (PCIT) and Cognitive Processing Therapy (CPT)

Crime Victims Unit

Therapist

- Provide cognitive-behavioral therapy, including Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)

Hofstra University, Hempstead, NY

July 2008 – August 2009

Psychological Evaluation, Research, and Counseling Clinic

Therapist

- Provide cognitive-behavioral therapy

Child and Parent Psychological Services

Therapist

- Provide Parent-Child Interaction Therapy (PCIT)

Marriage and Family Therapy

Therapist

- Provide family therapy

Specific Clinical Intervention Trainings

- Parent-Child Interaction Therapy (PCIT)
- Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)
- Cognitive Processing Therapy (CPT)
- Rational Emotive Behavior Therapy (REBT)
- Dialectical Behavior Therapy (DBT)
- Exposure and Response Prevention Therapy (EX/RP)
- Interpersonal and Social Rhythm Therapy (IPSRT)

Half Hollows Hill School District, Dix Hills, NY

September 2008 – June 2009

Otsego Elementary School

School Psychology Intern

- Observe children in the classroom for Committee on Special Education (CSE) meetings or meetings with parents
- Update triennial testing for students who are currently classified through CSE, and write updated psychological reports for use at CSE meetings
- Evaluate new students who are referred to CSE
- Co-lead the 4th and 5th grade sections of Banana Splits, a group for students with divorced parents
- Counsel a 5th grade student, in accordance with her Individualized Education Plan (IEP)
- Lead groups in 5th grade classrooms for a research project, collect pre-treatment and post-treatment data from students
- Observe CSE meetings at which my supervisor is the primary psychologist or the psychologist on committee

Half Hollow Hills High School West

School Psychology Intern

- Update triennial testing for students who are currently classified through CSE, and write updated psychological reports for use at CSE meetings
- Evaluate new students who are referred to CSE
- Co-lead the 10th grade section of a stress reduction group, geared for high achieving students who are currently taking Advanced Placement European History
- Counsel a 12th grade student
- Create Behavioral Intervention Plan for troubled 9th grade student
- Observe CSE meetings at which my supervisor is the primary psychologist

Hofstra University, Hempstead, NY

September 2007 – June 2008

Psychoeducational Evaluator

- Assess children and adults using intelligence tests, academic achievement measures, memory tests, visuomotor measures, personality measures, projective tests, and other measures
- Write psychoeducational reports providing scores from testing, interpretations of the data, and recommendations for further services
- Hold conferences, under direct supervision of a licensed psychologist and advisor, with client (or parents of client) to provide feedback and recommendations

Emma Pendleton Bradley Hospital, East Providence, RI

October 2004 – July 2006

Psychology Assistant

Adolescent Inpatient Unit

- Interview patients with diagnostic screening measures

FireSafe Families Program

- Conduct clinical assessments of juvenile firesetters and their families
- Lead weekly multi-family group therapy sessions for juvenile firesetters

Pediatric Partial Hospitalization Program

- Interview 2-6 year old behaviorally disturbed children in an outpatient day program for emotion understanding
- Conduct observations of behaviorally disturbed children and children with feeding disorders, ages 6 months – 6 years
- Conduct observations of parents interacting with children on the milieu, to complete a Q-sort on maternal sensitivity
- Consent outpatient adolescents and families into a research study through the Child and Adolescent Psychiatry Trials Network (CAPTN)

Columbia University School of Social Work, New York, NY

Summers 2002, 2003, 2004

Research Assistant, Project Coordinator

- Conduct telephone interviews with high-risk inner-city children for drug and alcohol abuse prevention/intervention study
- Conduct successful national searches to locate lost participants

Rhode Island Training School (juvenile detention center), Cranston, RI

October 2003 – May 2004

Volunteer tutor

- Tutor students in math to prepare for General Educational Development (GED) high school diplomas

D'Abate Elementary School, Providence, RI

February – May 2004

Volunteer tutor

- Teach students in grades 3 and 4 about creative writing

Research Experience

Hofstra University, Hempstead, NY

January 2009 – November 2010

Principal Investigator, Doctoral Dissertation

Mother-Child Interaction as a Function of Maternal Perception of Power

- Research literature and write review about topic
- Collect behavioral observation data about mother-child interactions

Hofstra University, Hempstead, NY

January 2008 – January 2009

Principal Investigator, Master's Thesis

Parental Adherence to Children's Therapy: A Qualitative Analysis

- Research literature and write review about topic
- Create survey about adhering to therapeutic recommendations
- Write results and discussion, using qualitative data

Hofstra University, Hempstead, NY

May 2007 – May 2010

Research Assistant

Cognitive-Behavioral Assessment of Stressful Interactions with Infants and Children (C-BASIIC)

- Observe and record mother-child interactions in their homes
- Run statistical analyses on pre-interaction and post-interaction data using SPSS

Emma Pendleton Bradley Hospital, East Providence, RI

October 2004 – July 2006

Psychology Assistant

Adolescent Inpatient Unit

- Analyze data collected about Body Dysmorphic Disorder using SPSS
- Score self-report measures completed by adolescent inpatients on admission and discharge
- Conduct literature searches for recent articles regarding Body Dysmorphic Disorder, self-injurious behavior, and validity between two diagnostic interviews

FireSafe Families Program

- Analyze data collected on consenting families using SPSS
- Score self-report measures completed during initial assessment by juvenile firesetters and parents
- Conduct literature searches for recent articles regarding concordance between parents and children on self-report measures

Pediatric Partial Hospitalization Program

- Analyze data collected on emotions understanding in behaviorally disturbed children
- Score self-report measures completed by parents at admission and discharge
- Conduct literature searches for recent articles regarding emotion understanding

Other research

- Analyze data about seclusion and restraint information collected on the residential unit at the hospital over the past 5 years
- Conduct literature searches for recent articles regarding seclusion and restraint

Columbia University School of Social Work, New York, NY

Summers 2002, 2003, 2004

Research Assistant, Project Coordinator

- Supervise research assistants with data collection
- Enter data in SPSS for analysis
- Assist in hiring project staff
- Coordinate multiple project activities

Weill Medical College of Cornell University, New York, NY

January 2002

Research Assistant, Division of Geriatrics and Gerontology

- Perform coding and data input for study of physician-patient communication

Publications

Greene M, Adelman R, & **Hollander BLG**. (2013). Institutionalization. In E Capezuti, M Malone, P Katz, & M Mezey (Eds.), *The Encyclopedia of Elder Care: The Comprehensive Resource on Geriatric and Social Care, 3rd Edition* (414-416). New York: Springer.

Greene M, Adelman R, & **Hollander BLG**. (2013). Interviewing. In E Capezuti, M Malone, P Katz, & M Mezey (Eds.), *The Encyclopedia of Elder Care: The Comprehensive Resource on Geriatric and Social Care, 3rd Edition* (425-428). New York: Springer.

Hollander B. (2012). PTSD and Stress. In J.L. Postmus (Ed.), *Sexual Violence & Abuse: An Encyclopedia of Prevention, Impacts, and Recovery*. Santa Barbara, CA: ABC-CLIO.

Greene M, Adelman R, FitzSimmons-Scheurer S, & **Hollander BLG**. (2008). Institutionalization. In E Capezuti, E Siegler, & M Mezey (Eds.), *The Encyclopedia of Elder Care: The Comprehensive Resource on Geriatric and Social Care, 2nd edition* (453-455). New York: Springer.

Greene M, Adelman R, & **Hollander BLG**. (2008). Interviewing. In E Capezuti, E Siegler, & M Mezey (Eds.), *The Encyclopedia of Elder Care: The Comprehensive Resource on Geriatric and Social Care, 2nd edition* (462-464). New York: Springer.

Swenson LP, Esposito-Smythers C, Hunt JI, **Hollander BLG**, Dyl J, Steinley, DL, Rizzo CJ, & Spirito A. (2007). Validation of the Children's Interview for Psychiatric Syndromes (ChIPS) with Psychiatrically Hospitalized Adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 46, 1482-1490.

Posters

Dyl J, Kittler J, **Hollander BLG**, Hunt J, Spirito A, Seifer R, & Phillips KA. (2010, October). *Body Dysmorphic Disorder in Adolescents: Prevalence and Clinical Characteristics in Inpatients*. Presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, New York, New York.

Ohr PS, Gilbert K, LaLima C, **Hollander B**, McNeill J, DiMisa SE, McCabe A, Paasivirta M, & Leff B. (2009, November). *Behavioral Analysis of Stressful Family Interactions involving Children with Autism*. Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

Braider L, **Hollander B**, Paasivirta M, & Ohr PS. (2009, November). *Verbalizations and Cognitions of Low-Efficacy Mothers during High-Demand and Low-Demand Parent-Child Interactions*. Annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

McNeill JS & **Hollander B**. (2009, August). *Parental Reasons for Avoiding Therapy for Children across Various Demographics*. Annual meeting of the American Psychological Association, Toronto, Ontario, Canada.

Ohr, P, Gilbert, K, LaLima, C, **Hollander, B**, DiMisa, S, McCabe, A, Paasivirta, M, Leff, B, & Greene, L. (2009, August). *Stressful Family Interactions Involving Children with Autism Spectrum Disorders*. Annual meeting of the American Psychological Association, Toronto, Ontario, Canada.

Ohr P, Grove A, LaLima C, McNeill J, **Hollander B**, DiMisa S, McCabe A, & Paasivirta M. (2008, November). *Negative Emotionality, Cognitions, and Stressful Family Dynamics*. Annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.

Ohr P, Gilbert K, LaLima C, McNeill J, **Hollander B**, DiMisa S, McCabe A, Paasivirta M, Leff B, & Greene L. (2008, November). *Assessing the Relationship between Cognitions and Negative Mood States Using Video Mediated Recall for Mothers of Children with Autism Spectrum Disorders*. Annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.

Ohr P, LaLima C, McNeill J, **Hollander B**, DiMisa S, McCabe A, & Paasivirta M. (2008, August). *Depressed Maternal Mood and Child Behaviors During Stressful Routine Interactions*. Annual meeting of the American Psychological Association, Boston, Massachusetts.

Ohr P, Grove A, Lopez R, LaLima C, McNeill J, **Hollander B**, DiMisa S, McCabe A, & Paasivirta M. (2008, August). *Cognitive Content of Maternal Moods Assessed With Self-Report and Recall Procedures*. Annual meeting of the American Psychological Association, Boston, Massachusetts.

Ohr P, Grove A, Lopez R, LaLima C, McNeill J, **Hollander B**, DiMisa S, McCabe A, & Paasivirta M. (2007, November). *Maternal Negative Mood and Child Behaviors during Stressful Family Interactions*. Annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

Ohr P, Grove A, Lopez R, LaLima C, McNeill J, **Hollander B**, DiMisa S, McCabe A, & Paasivirta M. (2007, November). *Assessment of Maternal Self-Talk Utilizing Different Recall Procedures*. Annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

Ohr P, Grove A, Lopez R, LaLima C, McNeill J, DiMisa S, & **Hollander B.** (2007, August). *Stress and Cognitions as Predictors of Maternal Behaviors during Family Interactions.* Annual meeting of the American Psychological Association, San Francisco, California.

Martin SE, Tyler HE, Boekamp JR, **Hollander BLG,** & Wheeler EE. (2007, March). *Narrative Representations and Emotion Regulation in Clinically Referred Preschoolers.* Annual meeting of the Society for Research in Child Development, Boston, Massachusetts.

Zeff KR, Barreto SJ, **Hollander BLG,** & Paccione-Dyszlewski M. (2006, November). *When Curiosity Affects More Than the Cat: Mediated Effects in the Relationship Between Psychopathology and Juvenile Fire Setting.* Annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Hollander BLG, Swenson LP, Hunt JI, Dyl J, Esposito-Smythers E, & Spirito A. (2006, October). *Convergent Validity of the Children's Interview for Psychiatric Syndromes (ChIPS).* Annual meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, California.

Hollander BLG, Barreto SJ, Paccione M, & Boekamp JR. (2006, April). *Collaborative Interventions for Juvenile Firesetters: Bradley Hospital's FireSafe Families Program.* Annual meeting of National GAINS Center Conference, funded by the Substance Abuse and Mental Health Service Administration's Center for Mental Health Services, Boston, Massachusetts.

Kittler JE, **Hollander BLG,** Dyl J, Hunt JI, Buchman AS, & Phillips KA. (2005, October). *Clinical Correlates of Body Dysmorphic Disorder among Adolescent Psychiatric Inpatients.* Annual meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Ontario, Canada.

Dyl J, Buchman AS, Kittler JE, Hunt JI, **Hollander BLG,** & Phillips KA. (2005, October). *Prevalence and Comorbidity of Body Dysmorphic Disorder in Hospitalized Adolescents.* Annual meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Ontario, Canada.

Presentations

Exposure and Response Prevention: Evidence-Based Treatment for OCD and Other Anxiety Disorders. (2014, June). Presented to Student Counseling Center staff at Adelphi University.

Juvenile Firesetting: Options in Rhode Island. (2005, October). Presented to Family Court case workers at Rhode Island Family Court, about resources for juvenile firesetters.

Conferences Attended

National Association of Social Workers Symposium: Enhancing Community Capacity to Meet the Needs of Returning Service Members and their Families, September 2009

Association for Behavioral and Cognitive Therapies, 2006-2009

GAINS Conference, SAMHSA, April 2006

American Academy of Child and Adolescent Psychiatry, October 2005

Memberships

Association for Behavioral and Cognitive Therapies, 2006 – 2011

American Psychological Association, 2006 – 2011

New York State Psychological Association, 2009 – 2011

Suffolk County Psychological Association, 2014 – present

Supervisory Experience

Emma Pendleton Bradley Hospital, East Providence, RI, October 2004-July 2006

Psychology Assistant

FireSafe Families Program

- Coordinate volunteer activities for making phone calls to juvenile firesetters and their families

Pediatric Partial Hospitalization Program

- Coordinate volunteer activities for conducting emotions interviews, behavioral observations, and story stem interviews, and completing thesis work for senior projects

Temple Beth-El, Providence, RI, July 2005-June 2006

Youth Group Advisor

- Mentor Jewish high school students
- Assist students in organizing and planning programming for temple youth

Columbia University School of Social Work, New York, NY, Summers 2002, 2003, 2004

Research Assistant, Project Coordinator

- Supervise research assistants with data collection
- Assist in hiring project staff
- Coordinate multiple project activities

Other Experience

Hofstra University, January – April 2009, January – April 2010

Graduate Admissions Assistant

- Review applications to the Clinical Psychology Doctoral Program

Hofstra University, September 2008 – September 2009

Student Liaison to Council of University Directors of Clinical Psychology (CUDCP)

- Facilitate data collection about Hofstra's Clinical Psychology program for Council of University Directors of Clinical Psychology

Hofstra University, September 2007 – May 2008

Teaching Assistant, Graduate Statistics

- Teach first-year graduate students how to use SPSS (statistics computer program)
- Grade lab assignments

Kaplan Test Prep, Inc, December 2006 – December 2008

SAT and GRE Teacher and Tutor

- Prepare high school students, college students, and graduates to take the SAT Reasoning Test and Graduate Record Examination for entrance into college and graduate school
- Build students' math, verbal, and writing skills, as well as boost their self-confidence

Brown University Alumni Association, December 2004-March 2011

Alumni Interviewer

- Interview high school seniors applying to Brown University for undergraduate admission
- Write summaries of interviews, which are used in determining applicant's status

North Shore Day Camp, Glen Cove, NY, July-August 2001

Lifeguard and Swimming Instructor

- Lead swimming instructions groups of boys and girls, ages 5-10
- Guard during the regular camp day and at after-camp program
- Help run daily activities and weekly events at after-camp program